



TAGORE MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600127.

Phone : 044-30101111, Fax : 044-222 5555, Email: tagoremch@gmail.com



(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare, Govt. of India New Delhi)

Ref.No.41/TMCH/OPHTHAL/2026

From

Dr. S. Chandriga
Professor and HOD
Department Of Ophthalmology
Tagore Medical College and Hospital
Chennai-600127.

To

The Dean,
Tagore Medical College and Hospital
Chennai-600127.

Respected Sir/Mam,

Sub : Request to conduct “VIZHI ARIVIYAL PADASALAI 3.0” –
State level PG update programme on 10/05/2026

We, Department of Ophthalmology in association with “ Tambaram Ophthalmic Society” have planned to conduct a “ VIZHI ARIVIYAL PADASALAI 3.0” for ophthalmology post graduate students and ophthalmologists in & around the state on May 10th , 2026 at Lecture hall 1-A and auditorium between 7.00am to 7.00 pm.. Kindly do the needful.

Thanking you

Date: 16.04.2026

Place: TMCH

Copy to

- The Vice Principal
- The Medical Superintendent

Yours sincerely

Prof. Dr. S. Chandriga

Dr. S. CHANDRIGA, MS., D.O.
Professor & HOD
Department of Ophthalmology
TAGORE MEDICAL COLLEGE & HOSPITAL
Rathinamangalam, Chennai-600 127.



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PROGRAM REPORT

Title of the program	VIZHI ARIVIYAL PADASALAI- 3.0
Date and Time	10.05.2026 & 08.30 AM-6.00 PM
Venue	LH 1A & Auditorium, TMCH
Target audience / Stakeholder	Faculties, PG students and TMCH Staff
Number of Participants	150 Approx
Program/ Event Organized by	Dr. S. Chandriga HOD & Professor, Dr.M. Krithika, Associate professor Dr. T.Prem Sai Assistant Professor, Department of Ophthalmology
Objective of the program	PG UPDATE PROGRAM ON RETINA



DEPARTMENT OF OPHTHALMOLOGY

VIZHI ARIVIYAL PADASALAI- 3.0

10.05. 2026- EVENT SUMMARY

Department of ophthalmology commemorated vizhi ariviyal padasaalai-3.0 (A Post graduate Teaching program) on 10.05.2026. The program consist of VAP - Retina Podium case presentation, Inaugural functions, felicitation of pre-Meet faculties expert talks, Panel discussion, Team Quiz & Topper challenge award. Chief Guest Dr. T. Nirmal Fredrick. Over all the event was a successful blend of education, awareness & healthy competition, live forcing the importance under guidance of HOD Dr. S. Chandriga nd well organised by organizing Secretaries Dr. M. Krithika (Associate Professor) & Dr. T. Premsai (Assistant Professor), Dr. M. Pratheeba & Dr. M. Saradha & PG's and CRMI's.



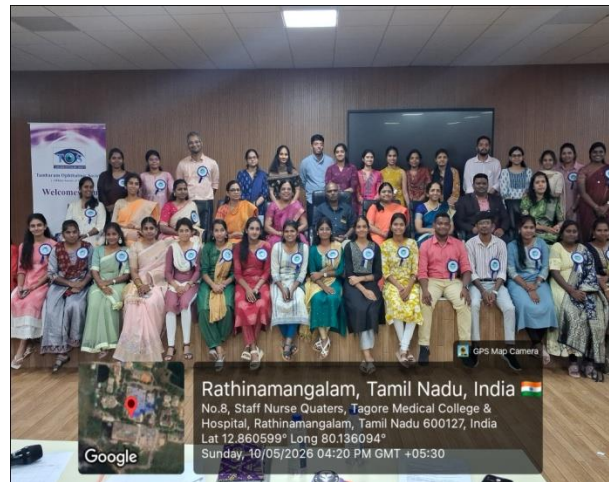
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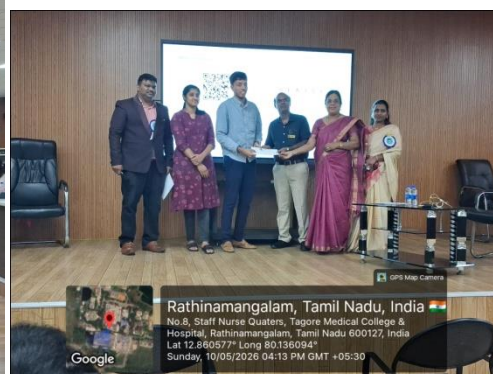
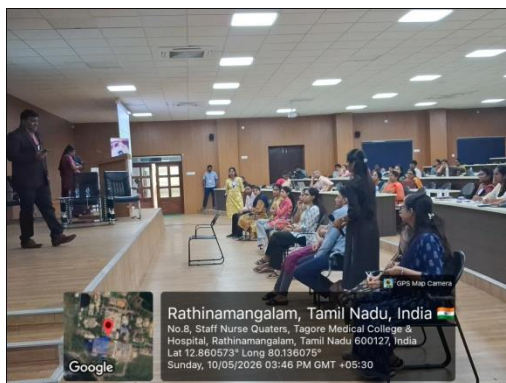
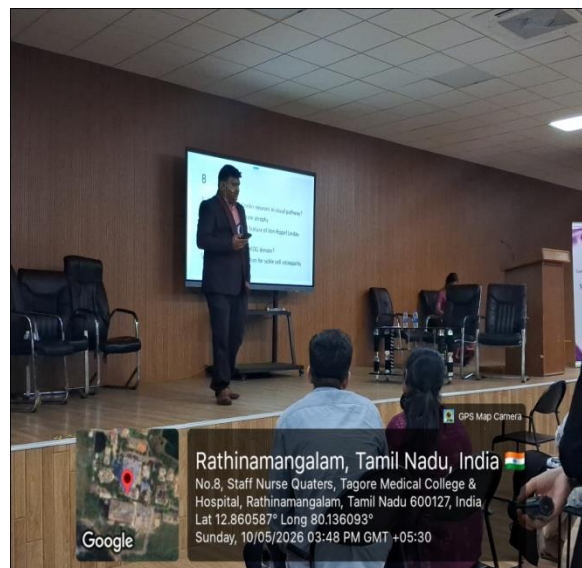
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&



Tambaram Ophthalmic Society & Tagore Medical College

Cordially Invites you to

விழி அறிவியல் பாடசாலை 3.0

Vizhi Ariviyal Padasaalai 3.0

A Post-graduate Teaching Program

“PG UPDATE PROGRAM ON RETINA”

A Periodic Academic Initiative by **Tambaram Ophthalmic Society**

Sunday, May 10th | 9 am – 4 pm | Tagore Medical College

Venue: Lecture Hall 1-A , 3rd Floor, College Block

CHIEF GUEST



Dr. T. Nirmal Fredrick

Founder President, TOS

GUESTS OF HONOR

CHIEF PATRONS

Prof. Dr. M. Mala, M.A., M.Phil., Ph.D.

Chairperson & Managing Trustee,
Tagore Educational Trust

Mr. G. Manikandan, MBA

Trust Secretary,
Tagore Educational Trust

Selvi. Rakshana

Trustee - Tagore Educational Trust
CEO - JEC

PATRONS

Prof. Dr. D. Ravichandran

M.D., Anatomy, PGDHS, DABRM,
Dean - TMCH

Prof. D.H. Gopalan, M.S., ACME

Vice Principal, IQAC Coordinator,
TMCH, HOD of Anatomy

Prof. Dr. S. Habeeb Mohammed

M.S., FIAGES, FAIS, FBS, Dip. Lap.
Medical Superintendent

Dr. A. Palaniraj
President, TOS

Dr. T. Vimala
Vice-President, TOS

Dr. K. Kavitha Lakshmi
IPP, TOS

Dr. S. Niranjan Karthik
Secretary, TOS

Dr. T. Prem Sai
Treasurer, TOS

Dr. S. Chandriga
Organising Chairperson, VAP 3.0

Dr. T. Prem Sai
Organising Secretary, VAP 3.0

Dr. M. Krithika
Organising Co-Secretary, VAP 3.0

Dr. M. Pratheeba
Joint Secretary, VAP 3.0

Enhancing Clinical Thinking | Strengthening Exam Preparation



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Vizhi Ariviyal Padasaalai 3.0

A Post-graduate Teaching Program

Enhancing Clinical Thinking | Strengthening Exam Preparation

PROGRAMME SCHEDULE

Time	Session	Resource Person
8.30 am onwards	Registration	
9 am - 10 am	VAP-Retina Podium Case Presentation	Judges Dr. S. Chandriga Dr. M. Rajakumari Dr. R. Padma Priya Dr. G. Susaritha Moderator: Dr. T. Vimala
10 am - 10.20 am	Inaugural Function	Tamizh Thai Vazhthu Felicitation Lamp Lighting Guests of Honor: Prof. Dr. M. Mala, M.A., M.Phil., Ph.D. Chairperson & Managing Trustee, Tagore Educational Trust Mr. G. Manikandan, MBA Trust Secretary, Tagore Educational Trust Selvi. Rakshana Trustee - Tagore Educational Trust CEO - JEC Prof. Dr. D. Ravichandran M.D., Anatomy, PGDHS, DABRM, Dean - TMCH Prof. D. H. Gopalan, M.S., ACME Vice Principal, IQAC Coordinator, TMCH, HOD of Anatomy Prof. Dr. S. Habeeb Mohammed M.S., FIAGES, FAIS, FBS, Dip. Lap. Medical Superintendent
	Welcome Address	Dr. S. Chandriga HOD, Dept. of Ophthalmology Tagore Medical College
	Presidential Address	Dr. A. Palaniraj President, TOS
	Chief Guest Address	Dr. T. Nirmal Fredrick Past President - TNOA Director - Nirmals' Eye Hospital
	Vote of	Dr. T. Prem Sai



**TNMC
Credit Hours
Applied**



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Time	Session	Resource Person
10.30 am - 10.35 am	Felicitation of Pre-meet Faculties	Dr. R. Padma Priya , Retina Consultant, Chengalpattu Medical College Dr. N. Padmapreetha , Retina Consultant, Agarwal Eye Hospital Dr B. Archana Devi , VR Consultant, Sankara Eye Hospital, Pammal Dr. Mohamed Abrar , VR Fellow, Agarwal Eye Hospital
10.35 am - 10.50 am	Expert Talks	“Hear the Retina Whisper: Subtle & Easily Missed Clinical Clues That Often Unlocks Diagnosis” Dr. A. Palaniraj , Medical Director Rakshana Laser Eye Care; President - TOS
10.50 am - 11.05 am	Expert Talks	“Medical Management of Diabetic Retinopathy and CME” Dr. N. Kasinathan , Consultant Retina Surgeon Klariti Eye Care
11.05 am - 11.20 am	Expert Talks	“Layers and Lesions: A Practical Guide to OCT Interpretation” Dr. R. Padma Priya , Associate Professor Chengalpattu Medical College
11.20 am - 11.35 am	Expert Talks	“Decoding and Managing a Case of Retinal Vein Occlusion” Dr. Deepak Sundar , Vitreo Retinal Surgeon Dr. Agarwal Eye Hospital, Velachery
11.35 am - 11.45 am	Expert Talks	“Retinal Surgery - Simplified” Dr. M. Nivean , VR Consultant M.N. Eye Hospital
11.45 am - 12 noon	Panel Discussion	Panelists Dr. Balaji Ramanathan Dr. Manoj Khatri Dr. S. Brahadeesh Dr. R. Padma Priya Dr. N. Kasinathan Dr. Deepak Sundar Dr. B. Archana Devi Moderators: Dr. K. Kavitha Lakshmi Dr. Anu M. Rajudyn
12 noon - 1 pm	Team Quiz & Topper Challenge Award	Moderators Dr. T. Prem Sai Dr. M. Pratheebea Dr. Rachula Daniel Dr. S. Niranjana Karthik
1 pm - 2 pm	Lunch	
2 pm - 4 pm	VAP Retina Skills Lab	Moderators Dr. M. Pratheebea Dr. T. Prem Sai Dr. M. Ashwini Dr. Radhika Dinesh
CLOSING VIBES WITH HIGH TEA		

ORGANISING COMMITTEE

Senior Residents
Dr. S.S. Sakthi Saravan
Dr. M. Saradha

Residents

Dr. T. Anjukaa | Dr. K. Janani | Dr. V.R. Ragul | Dr. S. Maanushri
Dr. Kondru Roshitha Gagarin | Dr. Dora Elsa Cherian
Dr. Santhosh Kumar Subbiah | Dr. R. Nithya

SPONSORS





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Tagore Medical College and Hospital

Department of Ophthalmology

VIZHI ARIVIYAL PADASALAI-3.0-MAY-2026

Feed back

Name (optional):

Date : 10.05.2026

1.How satisfied were you with the Conference? (Circle your response to each item)					
	Very dissatisfied 1	Dissatisfied 2	Neither 3	Satisfied 4	Very satisfied 5
Overall program	1	2	3	4	5
Organization	1	2	3	4	5
Clarity of presentation	1	2	3	4	5
Content	1	2	3	4	5
Effectiveness of presentation	1	2	3	4	5
Audiovisual aids	1	2	3	4	5
Time allocation	1	2	3	4	5
Venue	1	2	3	4	5

2. How relevant did you find each session? (Circle your response to each item)				
	Not relevant 1	Relevant 2	Very relevant 3	Did not attend N/A
Session 1: Presentation	1	2	3	N/A
Session 2: Quiz	1	2	3	N/A
Session 3: Workshop	1	2	3	N/A

3. Any other feedback? MORE WORKSHOP NEEDED